

OCTOBER 2022 - LUNCH MENU



Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>Sub-Sandwiches (Ham, Turkey, or Roast Beef) <u>or</u> combo Chips Fruit <u>or</u> Salad Bar</p>	<p>4</p> <p>Pork Tenderloin Scalloped Potatoes Green Beans Roll Ice Cream <u>or</u> Salad Bar</p>	<p>5</p> <p>Mexican Nachos Niblet Corn Fruit <u>or</u> Salad Bar</p>	<p>6</p> <p>Chicken Nuggets Potato Wedges Roll Fruit <u>or</u> Salad Bar</p>	<p>7</p> <p>Hot Dog Tater Tots Baked Beans Fruit <u>or</u> Salad Bar</p>
<p>10</p> <p>No School</p>	<p>11</p> <p>Taco Tuesday Spanish Rice Corn Fruit <u>or</u> Salad Bar</p>	<p>12</p> <p>Chicken Fingers Mashed Potatoes English Peas Roll Dessert <u>or</u> Salad Bar</p>	<p>13</p> <p>Spaghetti W/ Meat Sauce Tossed Salad Texas Toast Fruit <u>or</u> Salad Bar</p>	<p>14</p> <p>BBQ Sandwich Potato Wedges Fruit Ice Cream <u>or</u> Salad Bar</p>
<p>17</p> <p>Pizza Rolls Tossed Salad Fruit Cookie <u>or</u> Salad Bar</p>	<p>18</p> <p>Hamburger <u>or</u> Cheeseburger French Fries Baked Beans Fruit <u>or</u> Salad Bar</p>	<p>19</p> <p>Poppy Seed Chicken W/ Rice Green Beans Roll Ice Cream <u>or</u> Salad Bar</p>	<p>20</p> <p>Steak Sandwich Corn Nuggets Fruit Ice Cream <u>or</u> Salad Bar</p>	<p>21</p> <p>Chili Grilled Cheese Fruit Dessert <u>or</u> Salad Bar</p>
<p>24</p> <p>Fish Sticks French Fries Roll Jell-o <u>or</u> Salad Bar</p>	<p>25</p> <p>Soft Taco Corn Fruit Ice Cream <u>or</u> Salad Bar</p>	<p>26</p> <p>Breakfast for Lunch <u>or</u> Salad Bar</p>	<p>27</p> <p>Chicken Alfredo Tossed Salad Roll Dessert <u>or</u> Salad Bar</p>	<p>28</p> <p>Lasagna Tossed Salad Roll Fruit <u>or</u> Salad Bar</p>
<p>31</p> <p>Salisbury Steak W/ Gravy Mashed Potatoes Veggies, Roll Cookie <u>or</u> Salad Bar</p>	<p>K3-K4 \$3.00 plate lunch (Includes milk) K5 \$3.00 plate lunch (Includes milk) Grades 1-5 \$4.00 plate lunch (Includes milk) Grades 6-12 \$5.00 plate lunch or salad bar (Includes tea w/ one refill)</p>			